



## Welcome to our very first edition of The News!!!

Peter & I are sure that you'll find this section very informative and you'll be sure to get a laugh here and there as well. Any up and coming races and events will be published in this section as well as client results and achievements. Social functions (e.g. Peter's 40th... yes he has turned "40"), photos and funny events will also be displayed here. If you have any fundraising events or social get together's that you would like displayed in this page, please feel free to ask and we'll do our best to support you.



## Dates to Remember!!!

**July 6th** - Gold Coast Marathon (Walk or Run)  
**September 7th** - Bridge to Brisbane Fun Run (6km or 12km)  
**September 21st** - Sydney Marathon – various distances

### Sanctuary Cove Fun Run Series

This Fun Run Series is exceptionally well organised and a great event for the whole family – even the PRAM RUNNERS are welcome and encouraged to participate! It caters for kiddies as well as adults and is a great lead up to the Fun Run season. Lots of random draw prizes and rewards are on offer – this is one series we would definitely recommend to all clients.

The series details are as follows -

<http://www.corporatechallenge.com.au/Sanctuarycove2008.htm>



## Gym Wear



A Body 2 Fit has Singlets, various T-Shirts and microfibre shirts available for purchase.

**Singlets:** \$20

**T-Shirts:** \$25

**Ladies Microfibre shirts:** \$30

**Gift Certificates** - available for family and friends at any time. Please contact Jenny to order a Gift Voucher.

**Special:** Purchase a minimum of 5 Personal Training sessions for family or friend and receive a complimentary training T-Shirt or Singlet

## Peter turns "40"

Well, the trainer has turned the big **40**, so lookout... you're bound to see a midlife crisis kick in somewhere! Maybe he'll take on another MARATHON or maybe even do the swim leg in a triathlon???

Here are some pictures of the surprise birthday bash with the theme being the letter "P". Peter was dressed as a PHAROAH (Jen's idea and outfit expertly made by Ros (Jen's mum – what a dressmaker she is – lots of practice when we were kids). Shock appearances came from The Phantom, Pavrotti, Princess Dianna, Ricky Ponting, Mrs Peter Pan, Elvis Presley and Pocahontas, whilst the cat dragged in the Pimps, Prostitutes, Pirates, a Patient, Parlour Maid and a Prisoner. Others to grace the House of Pain were a chick dressed as Pretty in Pink, a Ping Pong Player, a good looking Portrait, a very big Present, a pair of Palestinians and a couple of Party goers. A Priest arrived with all good intentions, but was quickly converted by the Punky Pupil. Jen decided that she'd give Peter a MAN'S one and only dream by appearing as the well endowed Pamela Anderson! Yep, the big styrene balls and the later introduction of the sultanas, proved to be a BIG hit throughout the night! Kaitlin and Ryan rounded out the rowdy crew surprising everyone as a Pixie and Puss in Boots!



## Pick The Score

### QLD V NSW

**Entry:** \$2

**When:** Wed 21<sup>st</sup> May

**Rules:** Money needs to be paid when picking score.

If you have any stories of interest which you would like published in our newsletter please notify Jenny and we'll add it to the next edition.

Until next time, here's to another fantastic weekend and keep up the great training!  
 Go the TITANS, but more importantly,

## GO THE BLUES!!

Worst of tipping luck to you all,

**Jenny**

## NRL Footy Tipping Update

Well, after the completion of Round 9 I'm afraid to say it BUT, the young one is still leading the way. Natalie is still out in front on 43 points followed closely by Andrew and Edwina on 42 points. Rounding out 3<sup>rd</sup> spot is the sneaky Michael Ross on 41 with Paul snapping at his heels on 40 points. As for the rest of us...well...you best get those Main Games out and start studying the form if we're going to catch the leaders. If your name isn't in this update then you best get cracking!! Peter is pulling up the tail this season as he seems to keep picking those DOGGYS just hoping that they're going to find some sort of form...I'd abandon ship if I were you! The TITANS will be sure to have their measure this weekend!!